



TOURISTIC ACTIVITIES IN
MULLAK'AS
MISMINAY
COMMUNITY



AGRICULTURAL SESSION



Planting the seeds of our future

With the guidance of your local hosts, you will learn techniques and the use of ancestral tools to work the land, which are still used today. Out of respect for nature, it is customary to hold a ceremony asking permission and thanking the Pachamama (Mother Earth) before planting or harvesting, because they value the food it provides. After attending the ceremony, you will work and remove the earth to plant or harvest according to the agricultural calendar, allowing you to learn more about farm work.



WEAVING SESSION



Ancient techniques for a unique experience

The women of the community will teach you the ancestral techniques of backstrap loom. They use natural dyes from plants of the zone to color the wools they spin with their hands while they walk or herd. The iconography appreciated in the fabric has an important cultural expression for the community, interpreting their daily activities, family relationships, flora and fauna. The iconography varies from community to community and it's interesting to observe the valuable knowledge transmitted for years and it's, even today, an expression of art and culture.



ADOBE CONSTRUCTION



Building our future together

Andean bricks, called adobes, are made since the Inca times to build homes; they are characteristic of our landscapes and Andean villages. It is interesting to approach this little industrialized world and learn the process of making bricks by hand with natural materials that are strong enough to withstand the rain. You can choose to be a spectator or participate in the making of the bricks, mixing wet soil and straw with your bare feet.



COOKING CLASSES



Sharing a piece of our culture at the table

Advised by your hosts, you are going to prepare a traditional dish with local ingredients in a mud stove. According to the season and the agricultural calendar of the community, the supplies and products are harvested in the field or selected to take them straight to the pots. You will learn to use a stone mortar and you will feel the smell of fresh inputs mixing in a traditional Uchucuta sauce. You will end the experience and the cultural exchange by tasting the traditional flavor.



DONKEY RIDE



Enjoy a traditional way of traveling

Safely guided by your local hosts, you will travel in a traditional way by riding a donkey to explore the community up to the Santa Ana viewpoint or upper Cochapata natural reservoir. The main attractions are the beautiful and unforgettable landscapes of the valley that can be seen along the way. You can use the time of the ride to observe and enjoy the scenery, while recharging energy. It's a fun activity especially for children. Consider performing this activity when your transport is still in the community to take you back.



TREK TOWARDS MIRADOR DE MORAY



Enjoy a spectacular scenery

Accompanied by Andean music and guided by your hosts, you will walk to the upper side of the community, called Balcón de Maras (Maras' balcony). You will enjoy the extraordinary view of the community and surrounding areas until you reach the viewpoint where you can observe the archaeological complex of Moray, unique for its circular terraces which were used to grow products that grow at different heights. You will participate in a ceremony for the Pachamama (Mother Earth) and the Apus (Andean mountains) to thank them for the food and asking them to protect you in your trip. While taking advantage of the majestic view, a small Andean picnic will be tasted.



BLESSING FOR AN ANDEAN MARRIAGE



Be a part of this unique experience

Blessing ceremonies for couples are a sacred act in the Andean world, carrying with them all the energy that nature bestows. The most powerful Andean gods will be summoned for this age-old ritual: Mother Earth, who will be asked to continuously provide for the couple; and the hills, from whom you'll request protection, guidance and purification for the family to be. This is a millenary tradition, full of wisdom and spirituality, a rite of passage that continues to be preserved. The Pacco or Andean priest will conduct the ceremony, with the presence of local hosts that, once the ritual is over, will join in on the couple's blessing.



QUECHUA LESSON AT MISMINAY



Getting to know the language of the Incas

You will have the chance of approaching the fascinating Andean world through its language and becoming acquainted with a traditional family from the Mulla'as-Misminay community. They will be your hosts, as well as your teachers during the quechua lessons. In a didactic and fun way, you will learn and practice short conversations in quechua, in which you will discover some of the languages most fascinating concepts. Did you know that quechua or runasimi was the official language of the Inca Empire and that, currently, this dialect from the Andes is the most important language in our country after Spanish?



SPECIAL ANDEAN PICNIC



Experience
some unique
and exclusive
sensations

You will be welcomed with a necklace made out of regional flowers before enjoying a delicious outdoor brunch, made with local ingredients. Misminay is famous for having the most unique landscapes in the Sacred Valley. From a comfortable table, you will enjoy the scenery from the different Apus (mountains) and snowcaps. Before departing, you will be presented with a personalized gift, a souvenir of the unique experience you had during your trip.



PREPARING PACHAMANCA



Enjoy the taste of Andean food

The Pachamanca is a typical dish of the Peruvian Andes. It has the distinction of being prepared in a hole in the ground covered with stones heated by firewood. Your hosts will explain the preparation of this dish elaborate from the time of the Inca empire, and it was prepared only in rituals thank Mother Earth, as this provided them with food in the harvest season. You can enjoy the taste of various meats and native crops.



CAMPFIRE AND ANDEAN STORIES



Discover the Inka constellations

Under Misminay's incomparable starry sky, your hosts will explain basic notions of the Inka constellation and how they use their knowledge of the stars to determine the agricultural calendar. The warm and cozy atmosphere around the campfire will be perfect to finish the evening listening to stories and Andean music while drinking a mate to warm you before resting.





wings
working
together